



Christiane Kutik

**Playing makes children strong**

**Spielen macht Kinder stark**

Approx. 220 p., Hardcover with book-jacket

Extended and revised new edition

ISBN 987-3-7725-3142-2

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- *Romania*

**The well-known book author and educational consultant Christiane Kutik shows the irreplaceable importance of play for children and gives many tips on how to stimulate and support it in everyday life. This gives the child the necessary freedom to strengthen itself for the later demands of life. An important guide for all parents, educators and pedagogues.**

In play, the child gains lasting experiences, insights and skills. They learn more through play - without intention - than through programs and early lessons. Play makes children strong and happy. But do they have enough freedom for it today? And can they still play properly? How can we enable independent play?

Experienced pedagogue and consultant Christiane Kutik provides convincing and advanced answers to these questions. She deals with the central topics around play and offers many play suggestions for children in the most diverse phases of life.

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**Christiane Kutik** is an educator, trainer and coach for parents and educational professionals. She is the author of several books, published by Verlag Freies Geistesleben.

